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## A health check-up worth checking out

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After shuffling off to the local GP with a typical summer cold, Brummell is left wondering why a doctor's surgery shouldn't look more like a spa.

Probably because a pleasant interior would encourage malingering.

But there is an alternative to the sorry sight of plastic chairs, fluorescent lighting and linoleum floors. For the ultra time-poor in search of a relaxing, luxurious and prompt healthcare experience, Preventicum offers what it calls a "6-star" state-of-the-art full body MOT at its London clinic.

The check-up is tailored to the individual and includes a radiation-free MRI scan, and patients can get a virtual tour of their body with a radiologist, as well as ECG, stress test, ultrasound, blood tests and urine analysis.

Test results come back the same day and patients receive a written report with lifestyle advice a few days later – perfect for those in high pressure jobs who don't want to take time out to be lectured by their doctors to stop smoking, cut back on boozing, eat healthily and relax.

Prices range from the Essential check-up at £675 (€825) and the Essential Plus at £990 to the Ultimate at £2,950 and the Ultimate Plus at £3,400 which take five hours.

Phone 020 7605 6900, [www.preventicum.co.uk](http://www.preventicum.co.uk)

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