

## Our Check-Ups

	PREVENTICUM					
	Ultimate Male	Ultimate Female	Essential Plus Male	Essential Plus Female	Essential Male	Essential Female
	£2,950	£2,950	£990	£990	£675	£675
	additional £450 for MRI Colonoscopy (usually £1,000)					
<b>MRI Scans (entirely radiation-free)</b>			MRI scans included in Ultimate Check-Up		MRI scans included in Ultimate Check-Up	
Heart muscle & valves	•	•				
Heart function	•	•				
Major arteries: head & neck	•	•				
chest	•	•				
abdomen & pelvis	•	•				
lower limbs	•	•				
Brain	•	•				
Sinuses	•	•				
Colon**	•	•				
Liver and spleen (general)	•	•				
Pancreas (general)	•	•				
Kidneys (general)	•	•				
<b>Ultrasound scans</b>			Ultrasound scans included in Ultimate and Essential Plus Check-Ups		Ultrasound scans included in Ultimate and Essential Plus Check-Ups	
Arteries of the neck (carotids)	•	•	•	•		
Abdominal aorta	•	•	•	•		
Liver, gallbladder, bladder, common bile duct, spleen	•	•	•	•		
Pancreas	•	•	•	•		
Kidneys and adrenals	•	•	•	•		
Uterus and ovaries	•	•	•	•		
Prostate	N/A	N/A	•	•		
Bladder	•	•	•	•		
<b>Consultations, physical examinations and reports</b>						
Personal, detailed consultation with doctor	•	•	•	•	•	•
Lifestyle discussion	•	•	•	•	•	•
Physical examination with doctor	•	•	•	•	•	•
Cardiac examination	•	•	•	•	•	•
Hernia check	•	•	•	•	•	•
Testicular examination	•	N/A	•	N/A	•	N/A
Testicular self-instruction examination	•	N/A	•	N/A	•	N/A
Prostate examination*	•	N/A	•	N/A	•	N/A
Breast examination	N/A	•	N/A	•	N/A	•
Breast self-instruction examination*	N/A	•	N/A	•	N/A	•
Pelvic examination*	N/A	•	N/A	•	N/A	•
Consultant-led bilateral digital mammogram**	N/A	•	N/A	•	N/A	•
Consultant-led bilateral breast ultrasound **	N/A	•	N/A	•	N/A	•
Resting blood pressure	•	•	•	•	•	•
Height, weight and BMI (body mass index)	•	•	•	•	•	•
Waist circumference measurement	•	•	•	•	•	•
Body fat percentage	•	•	•	•	•	•
Personalised trend analysis	•	•	•	•	•	•
Medical questionnaire	•	•	•	•	•	•
Gynaecological questionnaire	N/A	•	N/A	•	N/A	•
Cardiovascular risk score	•	•	•	•	•	•
Stress/anxiety/depression assessment	•	•	•	•	•	•
Occupation satisfaction assessment	•	•	•	•	•	•
Sleep disorder questionnaire	•	•	•	•	•	•
Specialist referral	•	•	•	•	•	•
Full medical report	•	•	•	•	•	•
Lifestyle analysis and advice	•	•	•	•	•	•
Early disease detection awareness brochures	•	•	•	•	•	•
Consultation with Director of Radiology	•	•	•	•	•	•
<b>Cardiac testing</b>						
Exercise ECG	•	•	•	•	•	•
Resting ECG	•	•	•	•	•	•
Spirometry: lung function test	•	•	•	•	•	•
<b>Audiometry and tonometry</b>						
Hearing test	•	•	•	•	•	•
Tonometry (Glaucoma test)	•	•	•	•	•	•
<b>Pathology</b>						
Urine analysis	•	•	•	•	•	•
Cervical smear*	•	•	•	•	•	•
Microscopic blood (urine)*	•	•	•	•	•	•
Chlamydia**	•	•	•	•	•	•
HIV**	•	•	•	•	•	•
Full biochemistry profile	•	•	•	•	•	•
Full haematology profile	•	•	•	•	•	•
ESR	•	•	•	•	•	•
Iron and TIBC	•	•	•	•	•	•
Glucose	•	•	•	•	•	•
Cholesterol	•	•	•	•	•	•
PSA*	•	N/A	•	N/A	•	N/A
HsCRP level	•	•	•	•	•	•
Thyroid-stimulating hormone level*	•	•	•	•	•	•
Thyroid function test*	•	•	•	•	•	•
Rubella antibodies*	N/A	•	N/A	•	N/A	•
Allergy testing**	•	•	•	•	•	•
Hepatitis B**	•	•	•	•	•	•
Hepatitis C**	•	•	•	•	•	•
Helicobacter pylori**	•	•	•	•	•	•
<b>Other</b>						
Same-day results	•	•	•	•	•	•
Virtual tour of body & DVD of MRI images	•	•	•	•	•	•
Private room with TV, internet access & telephone	•	•	•	•	•	•
Nutritious lunch	•	•	•	•	•	•
Option to upgrade to another check-up	N/A	N/A	•	•	•	•
MRI scanner on-site for referred scans	•	•	•	•	•	•

**SEX**  
\* = only if clinically indicated  
\*\* = charge is incurred