

Our Check-Ups

		PREVENTICUM					
		Ultimate Male	Ultimate Female	Essential Plus Male	Essential Plus Female	Essential Male	Essential Female
		£2,950	£2,950	£990	£990	£675	£675
		additional £450 for MRI Colonoscopy (usually £1,000)					
MRI Scans (entirely radiation-free)				MRI scans included in Ultimate Check-Up		MRI scans included in Ultimate Check-Up	
	Heart muscle & valves	•	•				
	Heart function	•	•				
	Major arteries: head & neck	•	•				
	chest	•	•				
	abdomen & pelvis	•	•				
	lower limbs	•	•				
	Brain	•	•				
	Sinuses	•	•				
	Colon**	•	•				
	Liver and spleen (general)	•	•				
	Pancreas (general)	•	•				
	Kidneys (general)	•	•				
Ultrasound scans				Ultrasound scans included in Ultimate and Essential Plus Check-Ups			
	Arteries of the neck (carotids)	•	•				
	Abdominal aorta	•	•				
	Liver, gallbladder, bladder, common bile duct, spleen	•	•				
	Pancreas	•	•				
	Kidneys and adrenals	•	•				
	Uterus and ovaries	N/A	•				
	Prostate	•	N/A				
	Bladder	•	•				
Consultations, physical examinations and reports							
	Personal, detailed consultation with doctor	•	•				
	Lifestyle discussion	•	•				
	Physical examination with doctor	•	•				
	Cardiac examination	•	•				
	Hernia check	•	•				
	Testicular examination	•	N/A				
	Testicular self-instruction examination	•	N/A				
	Prostate examination*	•	N/A				
	Breast examination	N/A	•				
	Breast self-instruction examination*	N/A	•				
	Pelvic examination*	N/A	•				
	Consultant-led bilateral digital mammogram**	N/A	•				
	Consultant-led bilateral breast ultrasound**	N/A	•				
	Resting blood pressure	•	•				
	Height, weight and BMI (body mass index)	•	•				
	Waist circumference measurement	•	•				
	Body fat percentage	•	•				
	Personalised trend analysis	•	•				
	Medical questionnaire	•	•				
	Gynaecological questionnaire	N/A	•				
	Cardiovascular risk score	•	•				
	Stress/anxiety/depression assessment	•	•				
	Occupation satisfaction assessment	•	•				
	Sleep disorder questionnaire	•	•				
	Specialist referral	•	•				
	Full medical report	•	•				
	Lifestyle analysis and advice	•	•				
	Early disease detection awareness brochures	•	•				
	Consultation with Director of Radiology	•	•				
Cardiac testing							
	Exercise ECG	•	•				
	Resting ECG	•	•				
	Spirometry: lung function test	•	•				
Audiometry and tonometry							
	Hearing test	•	•				
	Tonometry (Glaucoma test)	•	•				
Pathology							
	Urine analysis	•	•				
	Cervical smear*	•	•				
	Microscopic blood (urine)*	•	•				
	Chlamydia**	•	•				
	HIV**	•	•				
	Full biochemistry profile	•	•				
	Full haematology profile	•	•				
	ESR	•	•				
	Iron and TIBC	•	•				
	Glucose	•	•				
	Cholesterol	•	•				
	PSA*	•	N/A				
	HsCRP level	•	•				
	Thyroid-stimulating hormone level*	•	•				
	Thyroid function test*	•	•				
	Rubella antibodies*	N/A	•				
	Allergy testing**	•	•				
	Hepatitis B**	•	•				
	Hepatitis C**	•	•				
	Helicobacter pylori**	•	•				
Other							
	Same-day results	•	•				
	Virtual tour of body & DVD of MRI images	•	•				
	Private room with TV, internet access & telephone	•	•				
	Nutritious lunch	•	•				
	Option to upgrade to another check-up	N/A	N/A				
	MRI scanner on-site for referred scans	•	•				

KEY
 * - only if clinically indicated
 ** - charge is incurred