

Assessments In detail



Elite Assessment £7,000



Ultimate Assessment £5,500



Essential Assessment £2,000

1. Only if clinically indicated
2. Additional charge applies
3. Additional charge applies, off-site appointment

	Elite		Ultimate		Essential	
	Male	Female	Male	Female	Male	Female
MRI scans						
• Brain	•	•	•	•	N/A	N/A
• Blood vessels supplying brain (circle of Willis)	•	•	•	•	N/A	N/A
• Heart muscle and valves	•	•	•	•	N/A	N/A
• Heart function	•	•	•	•	N/A	N/A
• Aortic distensibility	•	•	•	•	N/A	N/A
• Central arteries and organs of the abdomen – liver, spleen, pancreas, kidneys and gallbladder	•	•	•	•	N/A	N/A
• Central arteries and organs of the pelvis – bladder, womb and ovaries in females, prostate in males	•	•	•	•	N/A	N/A
• Spine (cervical, thoracic and lumbar)	•	•	N/A	N/A	N/A	N/A
Ultrasound scans						
• Arteries of the neck (carotids)	•	•	•	•	•	•
• Abdominal aorta	•	•	•	•	•	•
• Liver	•	•	•	•	•	•
• Gallbladder	•	•	•	•	•	•
• Common bile duct	•	•	•	•	•	•
• Spleen	•	•	•	•	•	•
• Pancreas	•	•	•	•	•	•
• Kidneys	•	•	•	•	•	•
• Bladder	•	•	•	•	•	•
• Uterus and ovaries	N/A	•	N/A	•	N/A	•
• Prostate volume	•	N/A	•	N/A	•	N/A
Cardiac testing						
• Exercise stress echocardiogram	N/A	N/A	•	•	N/A	N/A
• Resting electrocardiogram (ECG)	•	•	•	•	•	•
• Echocardiogram	N/A	N/A	N/A	N/A	N/A	N/A
• VO2max Test	•	•	N/A	N/A	N/A	N/A
• Spirometry (lung function test)	•	•	•	•	•	•
Consultations, physical examinations and reports						
• Personal, detailed consultation with doctor	•	•	•	•	•	•
• Lifestyle discussion and analysis	•	•	•	•	•	•
• Medical questionnaire	•	•	•	•	•	•
• Gynaecological questionnaire	N/A	•	N/A	•	N/A	•
• Cardiovascular risk score	•	•	•	•	•	•
• Stress/anxiety/depression assessment	•	•	•	•	•	•
• Occupation satisfaction assessment	•	•	•	•	•	•
• Sleep disorder questionnaire	•	•	•	•	•	•
• Physical examination with doctor including:						
• Cardiac examination	•	•	•	•	•	•
• Respiratory system examination	•	•	•	•	•	•
• Hernia check	•	•	•	•	•	•
• Testicular examination	•	N/A	•	N/A	•	N/A
• Testicular examination self-instruction	•	N/A	•	N/A	•	N/A
• Prostate examination (1)	•	N/A	•	N/A	•	N/A
• Breast examination	N/A	•	N/A	•	N/A	•
• Breast examination self-instruction (1)	N/A	•	N/A	•	N/A	•
• Pelvic examination (1)	N/A	•	N/A	•	N/A	•
• General skin examination	•	•	•	•	•	•
• Specialist referral if indicated	•	•	•	•	•	•
• Full written medical report	•	•	•	•	•	•
• Personalised trend analysis (if previous attendance)	•	•	•	•	•	•
• Consultation with radiologist including virtual tour of your MRI images	•	•	•	•	N/A	N/A
• Preventicum Lifestyle Prescription	•	•	•	•	•	•
• Follow-on virtual doctor consultation after 6 months	•	•	•	•	•	•

Assessments In detail



Elite Assessment £7,000



Ultimate Assessment £5,500



Essential Assessment £2,000

1. Only if clinically indicated
2. Additional charge applies
3. Additional charge applies, off-site appointment

	Elite		Ultimate		Essential	
	Male	Female	Male	Female	Male	Female
Sports Package						
• Physiotherapist consultation	•	•	N/A	N/A	N/A	N/A
• Movement screen	•	•	N/A	N/A	N/A	N/A
• Strength and conditioning coaching	•	•	N/A	N/A	N/A	N/A
Basic observations						
• Resting blood pressure	•	•	•	•	•	•
• Height, weight and body mass index (BMI)	•	•	•	•	•	•
Body composition analysis						
• Body composition analysis	•	•	•	•	•	•
• Visceral fat analysis	•	•	•	•	•	•
• Body fat percentage	•	•	•	•	•	•
Eyes & Ears						
• Audiometry (hearing test)	•	•	•	•	•	•
• Tonometry (glaucoma test)	•	•	•	•	•	•
Pathology						
• Standard blood tests:	•	•	•	•	•	•
• Full biochemistry profile	•	•	•	•	•	•
• Full haematology profile (full blood count)	•	•	•	•	•	•
• Erythrocyte sedimentation rate (ESR)	•	•	•	•	•	•
• Iron and total iron-binding capacity (TIBC)	•	•	•	•	•	•
• Ferritin	•	•	•	•	•	•
• Fasting blood glucose	•	•	•	•	•	•
• HbA1c (diabetes test)	•	•	•	•	•	•
• Total cholesterol	•	•	•	•	•	•
• HDL and LDL cholesterol	•	•	•	•	•	•
• Cholesterol HDL ratio	•	•	•	•	•	•
• Triglycerides	•	•	•	•	•	•
• Prostate-specific antigen (PSA) (1)	•	N/A	•	N/A	•	N/A
• HsCRP level	•	•	•	•	•	•
• Vitamin D	•	•	•	•	•	•
• Thyroid function test	•	•	•(2)	•	•(2)	•
Corrected calcium	•	•	N/A	N/A	N/A	N/A
Magnesium	•	•	•	•	•	•
Urine analysis	•	•	•	•	•	•
Cervical smear (1)	N/A	•	N/A	•	N/A	•
Urine microscopy and culture (1)	•	•	•	•	•	•
Chlamydia (1, 2)	•	•	•	•	•	•
HIV (1, 2)	•	•	•	•	•	•
Rubella antibodies (2)	N/A	•	N/A	•	N/A	•
Allergy testing (2)	•	•	•	•	•	•
Hepatitis B (1, 2)	•	•	•	•	•	•
Hepatitis C (1, 2)	•	•	•	•	•	•
Helicobacter pylori (1, 2)	•	•	•	•	•	•
Vitamin and mineral profile	•	•	N/A	N/A	N/A	N/A
FIT test (Faecal Immunochemical Test) (1)	•	•	•	•	•(2)	•(2)
VIP service						
• Same-day feedback and results (some results will follow)	•	•	•	•	•	•
• Private en-suite room with Wi-Fi, telephone and media centre	•	•	•	•	•	•
• Preventicum Kit (tracksuit, mask, slippers, water bottle, hand sanitiser, newspaper and magazine subscription)	•	•	•	•	•	•
• Pre-selected nutritious lunch	•	•	•	•	•	•