



Preventicum

World class health assessments

World class health assessments



In-depth consultations with expert doctors



Dedicated clinical team



Leading-edge, holistic approach



One day Under one roof



Luxury client suite



Same-day results Dedicated portal



Cutting-edge MRI scans with AI



Innovative brain imaging



Advanced cardiac assessment



Detailed ultrasound scans



Extensive laboratory testing



Network of specialists

Cutting-edge preventive health

For twenty years, Preventicum has combined exceptional service with cutting-edge medical technology and clinical expertise to develop world class health assessments for our discerning private and corporate clients.

Our expert team focuses on early detection and prevention of many health concerns including cancers, heart disease, stroke and diabetes.

Your assessment will take place on one day, under one roof at our luxury London clinic with results available before you leave, giving you reassurance and clarity.

Experience the pinnacle of preventive health with our Optimal and Ultimate Assessments, setting new standards with our pioneering approach and offering you the ultimate peace of mind.



DR YING-YOUNG HUI
MEDICAL DIRECTOR





The best medical I have ever had. The whole day was exceptional.



OUR HEALTH ASSESSMENTS

Optimal

The world's most clinically advanced health assessment with pioneering heart and brain analysis

£10,500

Optimal⁺

For male clients, your Optimal⁺ Assessment will include a biparametric MRI scan of the prostate

£11,500

Ultimate

An extensive, leading-edge health assessment for peace of mind

£8,000

Ultimate⁺

For male clients, your Ultimate⁺ Assessment will include a biparametric MRI scan of the prostate

£9,000

The world's most clinically advanced health assessment with pioneering heart and brain analysis

£10,500

Optimal

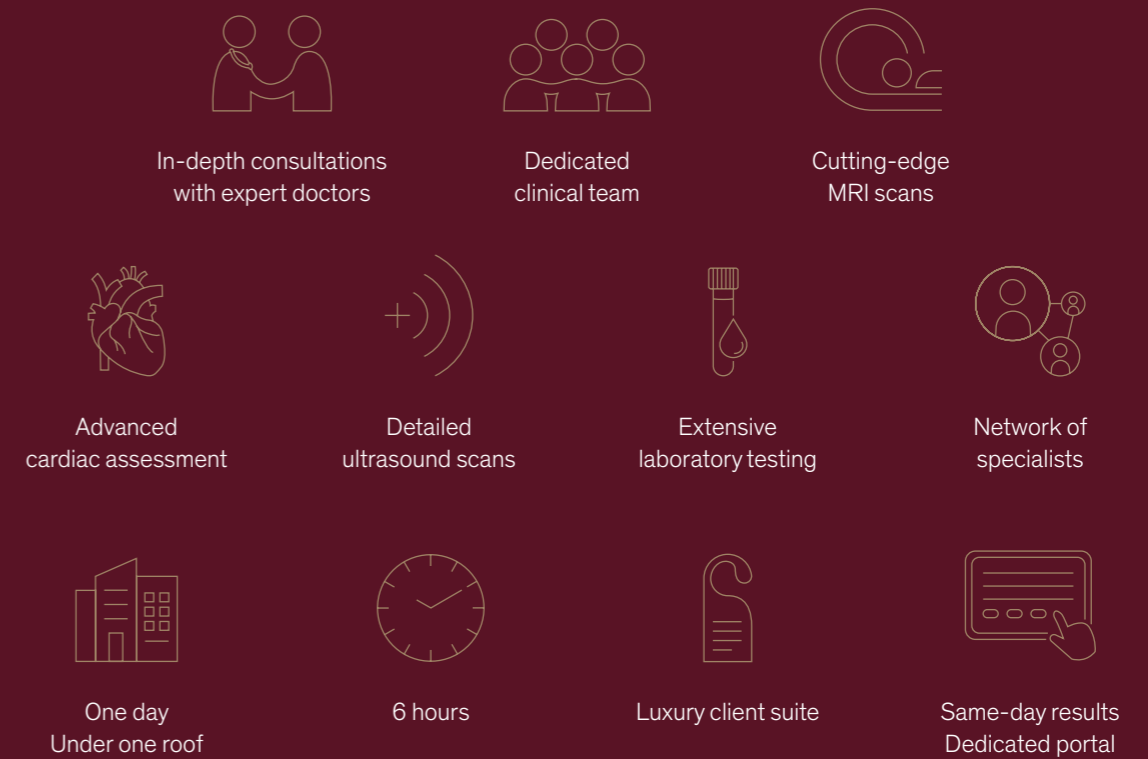
ASSESSMENT

An extensive, leading-edge health assessment for peace of mind

£8,000

Ultimate

ASSESSMENT





Included in your Optimal and Ultimate Assessment

Consultation and physical examination with your Preventicum Doctor

You will spend up to one hour discussing your current health, medical and family history and any concerns you have, as well as a full physical examination of the eyes, ears, mouth, throat, heart, lungs, musculoskeletal system, gastrointestinal system and any worrying skin lesions. Male clients will have an examination of the prostate and female clients will have a full gynaecological examination and cervical screening test, if clinically indicated.

Over 50 laboratory blood tests and urine analysis

We carry out a full blood count, comprehensive cholesterol profile, liver and kidney function tests, bone profile, iron studies, inflammatory markers, thyroid function, HbA1c (diabetes test), vitamin B9 (folate), vitamin B12, vitamin D and PSA where clinically indicated. Urine is tested for protein, glucose, leucocytes and blood.

Magnetic Resonance Imaging (MRI)

Our experienced team of senior radiographers will take care of you during your time in our state-of-the-art MRI scanners which are equipped with in-bore technology, ambient lighting and a choice of music or film for a relaxing audio-visual experience.

Your scans will include:

- ☉ Brain
- ☉ Heart
- ☉ LiverMultiScan
- ☉ Organs and arteries of the abdomen and pelvis

Ultrasound examinations

Our dedicated sonographers will scan your thyroid, carotid arteries, abdominal aorta, liver, gallbladder, biliary tree, pancreas, kidneys, spleen, bladder, uterus and ovaries or prostate and testes.

Resting electrocardiogram (ECG)

A resting ECG is used to diagnose many electrical heart abnormalities and can help to show if there is the possibility of significant coronary artery disease.

Exercise stress echocardiogram

Our expert cardiac team will guide you through your stress echocardiography test using specialist ultrasound imaging combined with the exercise stress test on either a treadmill or supine bike to show how well your heart muscle is working to pump blood around your body. It is used to detect a decrease in blood flow to the heart from narrowing of the coronary arteries, to assess heart function and structure and can diagnose underlying heart disease.

Spirometry

Our team will perform your spirometry to measure your lung function and help detect lung disease.

Clinical review

Our team will measure your height, weight, BMI, resting heart rate and blood pressure. The sensitivity of your hearing across a range of frequencies will also be measured.

Body composition analysis

Our advanced InBody970 provides an extensive map of your body composition using 3MHz technology.

Radiologist consultation

You will explore hundreds of your MRI scans with our Consultant Radiologist, including a video of your beating heart. After your assessment, you will be able to view your images on your own device.

Results consultation

Your assessment will conclude with a results consultation with your Preventicum Doctor, during which you will discuss your test results, further management of any clinical findings and referrals to our network of specialists where relevant.

Your detailed report

Following your assessment, you will receive a detailed clinical report including a bespoke lifestyle prescription and all of your test results, images and findings.

Please visit our website for detailed information on our assessments

Exclusively with your Optimal Assessment



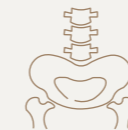
Oxygenation-Sensitive Cardiac MRI

We are proud to partner with Area19 to offer Oxygenation-Sensitive Cardiac MRI (OS-CMR). This world first in preventive health assessments offers a stress and medication free way of testing coronary vascular function in just three minutes, using AI-informed analysis.



BrainKey

This pioneering approach to brain longevity analyses your MRI scans to measure over 25 regions of your brain and calculate your brain age. A 3D dashboard built by neuroscientists will give you a clear picture of your brain health and includes personal recommendations for nutrition, exercise and lifestyle changes.



Musculoskeletal (MSK) MRI

An MRI scan of one MSK area of your choice, for example, your knee, shoulder or hip. Our 3T MRI scanner is equipped with dedicated MSK coils, enabling us to obtain unparalleled imaging of your joints and long bones. MRI is the gold standard imaging technique to detect abnormalities including meniscal, ligament and tendon tears and subtle, bony injuries.



PLAC blood test

This test measures levels of the Lp-PLA2 enzyme, a marker of inflammation in blood vessels. High levels of Lp-PLA2 are associated with an increase in plaque in the arteries and indicates the risk of plaque rupturing, causing heart disease and stroke. Recent research suggests Lp-PLA2 may better identify heart disease and stroke risk than HDL and LDL cholesterol checks.



Unique immersive holographic experience

In partnership with Medical iSight, your brain scans will be converted into a 3D Augmented Reality visual using ground-breaking technology. During your consultation with our Consultant Radiologist, wearing a Microsoft HoloLens, you will be able to view and interact with your brain in an unparalleled, immersive experience.

Optimal+

For male clients, your Optimal+ Assessment will include a biparametric MRI scan of the prostate

£11,500

Ultimate+

For male clients, your Ultimate+ Assessment will include a biparametric MRI scan of the prostate

£9,000

Our Optimal+ and Ultimate+ Assessments are for men over 45 years old or those with a family history of prostate cancer.



Biparametric MRI scan of the prostate

Our biparametric MRI scan provides detailed, high-definition images of your prostate. These will be reviewed and reported on by a specialist Consultant Uroradiologist and enhanced with AI reporting technology.

This MRI scan, combined with a detailed consultation, PSA blood test and ultrasound scans, enables your Preventicum Doctor to give you a clear assessment of your prostate health.



World class MRI technology

- ☀ AI enhanced imaging, reviewed and reported by Consultant Radiologists
- ☀ Expert team of Senior Radiographers
- ☀ Radiation-free imaging
- ☀ An integrated audio-visual experience with on-demand media streaming service
- ☀ Continuous voice contact with the team
- ☀ Extra-wide scanner for your comfort
- ☀ Detailed scans of your brain, heart, liver, abdomen and pelvis
- ☀ Biparametric MRI scan of the prostate with our Optimal+ and Ultimate+



Preventicum





The overall experience was excellent and I was highly impressed. Preventicum took things to a completely new level for me. Your team is first class.



World class doctors



Dr Ying-Young Hui
Medical Director
MBBS BSc MRCGP DOccMed



Dr Uzma Ali
MBBS MRCP MRCGP



Dr Bronya Gorney
MA MBBS MRCGP
MRCP DTMH DFRH



Dr Asha Katwa
MBBS BSc MRCGP MRCS
(Eng) DOHNS PG DIP ENT
PG Cert Pallcare



Dr Kartik Modha
MRCGP MBBS (Hons)
BSc (Hons)



Dr Feizal Motala
MBChB DA



Dr Mehma Rai
MBBS BSc (Nutrition)
MRCGP DRCOG



Dr John Roegner
MD



Dr Michaela Schuhwerk
MRCP DTMH DipGUM
DFFP MSc ID and
Tropical Medicine CCST



Dr Willem Theron
BSc (Hons) Microbiology
MBChB MSc Sports
Medicine DOccMed



Dr Syed Babar
Consultant Radiologist
DMRD FRCR



Dr Med. Christoph Juli
Consultant Cardiac
Radiologist FRCR



Dr Hammad Siddiqi
Consultant Radiologist
FRCR



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